



MENTAL HEALTH SPOT

PROPRIETARY LIMITED COMPANY

Gold standard interventions with caring professionals.

**WELCOME
& SERVICE
INFORMATION**

Mental Health Spot Pty Ltd

ACN: 645 520 421 / ABN: 24 645 520 421

CONTENTS

- Your first appointment
- Location and directions
- Session fees and payment
- Cancelled appointments
- Contacting Us
- Confidentiality and information storage
- Communication with third parties
- Fee Schedule
 - Psychological Appointment Fee Schedule
 - Additional Psychological Services
 - Educational
 - Occupational
 - Medico-Legal
- Assessment and Psychometric testing
- Products for Purchase
- Forms to complete and bring with you
 - Personal Profile Form
 - Client History
 - Consent to Share and Receive Information
 - Confirmation of Understanding

Please note: The Mental Health Spot Pty Ltd is not a crisis service. We cannot guarantee short notice appointments or that a psychologist will be available at any time as they may be with another client.

In a crisis please contact Lifeline on 13 11 14, or Kids HelpLine on 1800 55 1800.
If someone is at risk of immediate harm, contact 000 immediately.

Head Office:

Suite 12, 303 Pacific Highway
Lindfield, NSW 2070

Contact:

ACN: 645 520 421 / ABN: 24 645 520 421
PHONE: (02) 8957 2153

Online:

mentalhealthspot@gmail.com
mentalhealthspot.com.au

YOUR FIRST APPOINTMENT

Please be sure to arrive at your first session 15-20 minutes early. Your intake information and all forms in this file need to be complete prior to arrival. If you run late completing these forms will impact the time spent with your clinician.

For your first appointment, you will need:

- o A referral*
- o Your Medicare Card
- o Completed Social History form
- o Completed Client information sheet/ Questionnaire
- o Credit Card information

These forms are all available online if you would prefer: simply join Halaxy via the link we have sent you and add the details there. Halaxy is the program we use to manage all client details and we strongly advise you to accept our invitation as you are then able to manage all bookings, invoice/receipts and communications online.

* If your sessions are being rebated, bringing your referral information is essential. We cannot provide a rebate without a valid GP referral and Mental Health Care Plan. If you are having any issues with your referral, please contact your referring doctor as soon as possible.

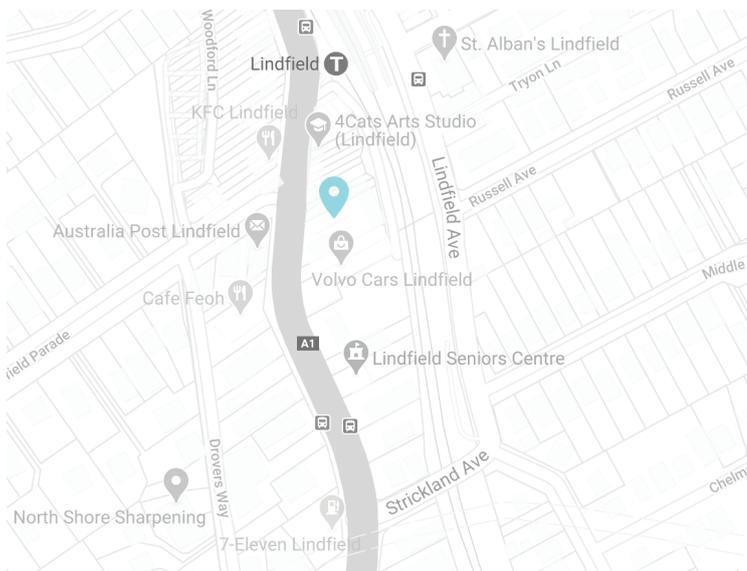
What not to expect from your first session?

A psychologist is not able to provide you with a diagnosis after the first session. In fact, a diagnostic assessment may involve many sessions, observations and a range of tests. Your psychologist also won't be able to provide you with a "quick fix" to resolve the problem. Most therapeutic interventions will require regular collaboration with a client / a parent and other people involved in the child's care. Effective treatment almost always involves a cycle of intervention > collaboration > monitoring > evaluation > intervention.

Is a report included in the first sessions?

No, a report or a letter is not ordinarily included in the first session. If you wish to book and pay for an assessment 'block' of time i.e. 4-6 hours, this may be possible and you can phone and speak with our reception.

LOCATION AND DIRECTIONS



The main practice is at Suite 12 / 303 Pacific Highway, Lindfield. Enter the lot and go up the first set of stairs on your left. See map.

Parking/transport

There is 2-hour street parking available on the highway outside of clearway hours, and a small carpark next to Lindfield library. The practice is a 2-minute walk from Lindfield train station and is also close to several major bus routes.

SESSION FEES AND PAYMENT

Duration

Typical session length is 60 minutes. The face to face part of the session is 50 minutes in length and begins on the hour. Sessions begin on the hour and end at 10 minutes to the hour. Multiple sessions may be booked concurrently and on one day.

Appointments later in the day may be delayed depending on the clients and clinical work performed during the day. This is unavoidable due to the nature of our work and we do this for the benefit and care of our clients; your clinician will still provide a full 50 minutes in your session.

Late arrival

In some circumstances, people may arrive late for appointments. It is our policy that the appointment must still finish at the appointment time, even if this means the duration of the appointment is shortened.

Fees

Fees for psychological services vary, depending on time of day and clinician. A schedule of fees has been attached to this document so you can review the fee that will be applied to your booking. Credit cards are kept on file and used to pay for sessions, cancellation fees and other services (psychometric assessments) as outlined in this program or required by the client.

Medicare Rebates

When you pay for a Medicare rebated session, the total fee will be deducted from your account, then the rebate amount will be paid into your bank account afterwards by Medicare. Processing times vary, but rebates will typically return to your account within 2 business days.

When registered with Medicare, rebates for your sessions can be sent electronically to a nominated bank account overnight, saving you the time and effort of claiming each rebate manually. If you would like to have your rebates automatically deposited into your bank account, please contact Medicare directly and update your bank details. Multiple sessions may be booked concurrently and on one day; however only one Medicare rebate may apply per day.

It is policy that clients' payment details and bank details be stored on file. This is to ensure the seamless processing of rebates and is a requirement of our cancellation policy

Extra services

The fee for a standard consultation includes time for the session itself, organising the session, writing notes, session preparation, billing, communicating with referring doctors, and reserving a time in the diary.

Extra time spent outside of the service hour (i.e. 60 minutes) for services such as report / letter writing, school advisories, consulting with employers / schools will attract additional fees. Please see fee schedule for additional services attached document.

Contd.

Cancelled appointments

When an appointment is made, psychologists block out time from their diary and spend additional time outside of the appointment preparing for the session. M.H.S. attempts to fulfil clients' need for a particular (regular) time slot by blocking out that period in advance for clients. If appointments are cancelled with little notice or not attended at all, we are unable to fill the session times with other clients. Therefore, we have a Cancellation and Non-Attendance Policy:

Each session cancelled within 48 hours will attract a cancellation fee that is 100% of the total session fee. If a cancellation fee has been issued, it will be charged to the credit card we have on record. We recognise that there are exceptional circumstances where this fee may not apply. A valid medical certificate will halve or void this fee.

Contacting Us

Clinic office hours are Monday - Thursday 12pm – 5pm. Email, phone and text correspondence can be returned during these hours. Administrative staff are not available outside of these hours.

Clinical staff are booked with back to back appointments each day. Contacting "between appointments" is not generally possible out of respect for other clients. If you have a query for your clinicians that is not an administrative matter, please make an appointment.

Online bookings are recommended, and availability is clearly visible online through our medical management software "Halaxy". If you join Halaxy you can view notes your clinician makes available to you, see GP referrals, make / change appointments and download invoices etc.

Online Booking

When you first make an appointment, we will invite you to join our group practice software. From here you can manage your bookings, get copies of invoices and changes to your file details. Clinicians can also confidentially share session information and clinically supportive information with your through this system where appropriate.

Online Bookings link

<https://www.halaxy.com/profile/ms-melanie-norman/psychologist/359334>

NDIS

The mental Health Spot Pty Ltd welcomes NDIS clients. Whilst we can accommodate invoicing and delayed payment, this will only be organized with a formal confirmation of service acceptance and agreed terms and conditions provided by the Plan Manager or NDIA provider. NDIS Scheduled fees and charges apply, unless payment is made on the day. If your booking is secured by credit card and paid on the day, standard fees and terms apply as per this welcome and service information.

Contd.

Head Office:

Suite 12, 303 Pacific Highway
Lindfield, NSW 2070

Contact:

ACN: 645 520 421 / ABN: 24 645 520 421
PHONE: (02) 8957 2153

Online:

mentalhealthspot@gmail.com
mentalhealthspot.com.au

Confidentiality

All information disclosed to your psychologist is confidential and will be treated in a professional manner and in accordance with relevant guidelines. There are some occasions when a psychologist must disclose confidential information to protect the safety of a client or another person however (e.g. if a situation arises where there is a significant risk of serious harm to the client or another person, court subpoenas, if a minor is being abused or neglected). Your psychologist will discuss this with you in person.

Young people over 14: Positive communication between a young person and their parent/s is encouraged, but everything discussed in-session remains confidential unless a) permission to disclose is granted by the client (young person) or, b) the psychologist is required to disclose information as above and then the disclosure is to relevant authorities.

Information storage

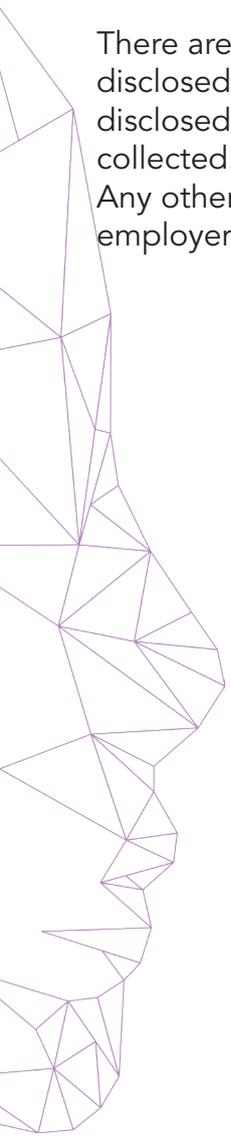
We store all personal information (including Medicare, credit card and confidential client notes) in locked filing cabinets, and on our secure practice management software, 'Halaxy'. Halaxy is protected by 256-bit bank grade security and encryption which means records, notes and payment information is protected to the same level used in banks.

Confidential client information will be stored for at least 7 years, or, if longer, until a client turns 25 (if they are under 18 years old).

Communication with third parties

There are certain third parties which one would reasonably expect personal information to be disclosed to for regular provision of service (e.g. Medicare, referring doctors). Any information disclosed will be directly related to the primary purpose for which your personal information was collected. You have a right to revoke certain information from being shared.

Any other communication with third parties (e.g. to other health professionals, schools, employers, lawyers, health providers, relatives) may only happen with your prior consent.



FEE SCHEDULE

	Initial Consultation	Regular or ad hoc Casual	Fixed Weekly or Fortnightly	Provisional Psychologist
Monday-Friday	\$260	\$230	\$215	\$130
Lunch sessions	\$230	\$215	\$190	\$100
Cancellation policy	48+ hour notice required	48+ hour notice required	14+ day's notice required	48+ hour notice required
Medicare	Clients eligible for a Medicare rebate of \$88.25 per 50-minute session with a valid GP referral			<i>Not eligible for rebate</i>
NDIS client's use NDIS services and rate schedule				

Lunch sessions:

Reduced rate applies for appointments between 11am-1pm, Monday – Friday.

Regular or casual sessions:

Next appointment booked after each session or ad hoc.

Appointments cannot not be made more than 4 weeks in advance.

Fixed weekly or fortnightly:

Specific time and day set aside for your appointment every week/fortnight.

Appointments can be made in advance for up to 12 months.

Provisional Psychologists:

Supervised AHPRA registered clinicians.

- ✓ Clients are welcome to book multiple sessions concurrently and on one day; however only one Medicare rebate may apply per day.
- ✓ Extra time taken during sessions or additional sessions in one day are valued pro rata on the rate applied to your service.
- ✓ Video, telehealth appointments are welcomed and may be Medicare Rebate eligible.
- ✓ Rates do not apply for psychological or psychometric assessments, reports or advisories.
- ✓ Cancellation fees are 100% of the appointment fee, and may be reduced to 50% where accompanied by a medical certificate

PAYMENT IS DUE AT THE TIME OF BOOKING AN APPOINTMENT

Updated 01 July 2019

ITEM DESCRIPTION	RATE	UNIT
Employment, Education, NDIS, Centrelink, Medical, Legal		
- Medical/ Assessment document review	\$260	Hour
- Diagnostic Review / confirmation advisory (NDIS etc)	\$430	2 Hours
- Diagnostic or clinical advisory	\$390	1.5 Hours
- Education / Occupational workplace recommendations	\$430	Per two page
- Educational special provisions application	\$260-390	Document
- Centrelink "Medical" certificate	\$260	Document
- NDIS or Centrelink application	\$260-390	Document
- Medico-Legal reporting	\$260	Hour
- Subpoena or file preparation and copy	\$390	Hour
- Services delivered in the clinic setting, via email or over the phone to a client or other parties	\$260	Hour
- Case management, mentoring or administration support	\$195	Hour
- Corporate consultancy or training	\$1,200	Hour
- Services involving high-conflict cases, disputes, court or any legal matters (existing or intending)	\$520	Hour
- Psychologist travel time	\$260	Hour
- URGENT additional supplement		
Delivery of report (7 day after all data received)	\$1,600	Document
Diagnostic review / NDIS review or clinical advisory	\$520	Document

Rates do not include GST

Psychometric, cognitive, behavioural, personality and "IQ" assessments see below

Clients may be eligible for rebates through NDIS, their health fund, or Primary Health Network with a valid referral

All assessments require an initial appointment with a qualified clinician who will advise if staff can complete assessments and a recommended timeline. A report review appointment is also a requirement of any assessment process so that the results can be thoroughly explained, and any questions, queries or recommendations discussed. These appointments may attract NDIS rates, Medicare rebates and PHN funding where appropriate.

Please note: Intervention advisories and recommendation reports are not included in diagnostic reports and require a separate assessment protocol and reporting process.

Autism Spectrum Disorder Diagnostic Assessment (Grade A, B, C & D)

Including cognitive (IQ) and adaptive (Vineland) protocols. Assessment for Autism Spectrum Disorder usually includes:

- Parent questionnaires and interviews (e.g. ASRS, ADIR, ADOS)
- Child observation
- Cognitive, Adaptive skills, Behavioural assessment (e.g. Vineland, CBRS etc)
- Observation of the child across settings if necessary
- Personality, Mood, Sensory assessment

Cost: \$2,790

Cost: \$1,690 Requires prior/ concurrent cognitive (IQ) assessment by qualified allied health professional within the last 12 months.

Cost: \$1,290 Additional ADOS assessment. ADOS assessment not available for subsidised or single rate assessments

Autism Spectrum / Attention Deficit / Learning Diagnostic Assessment Confirmation of diagnosis and current functioning report

(Grade A & B assessment)

- Parent questionnaires and interviews (e.g. ASRS, CBRS)
- Observation and clinical interview
- Adaptive skills, Behavioural assessment (e.g. Vineland, CBRS etc)
- Observation across settings if necessary
- Personality, Mood, Sensory assessment if required
- Report and medical document review
- Requires prior/ concurrent cognitive (IQ) assessment by qualified allied health professional

Cost: \$1,590

Autism Spectrum Disorder Review Assessment / Report

Assessment protocol, including testing dates, can be completed after an initial session with your clinician.

Adaptive Skills Assessment and Report

An adaptive skills assessment compares a person's skills in the areas of communication, social interaction, motor skills and self-care skills to the level of skill expected for their age. The purpose of the assessment is to determine whether a person is showing age-appropriate development in skills needed for everyday life e.g. ABAS, Vineland, WHODAS, GAF.

Cost: \$890

Educational Assessment /Academic Achievement Testing

An educational assessment tests an individual's academic achievement in specific areas in a standardised manner. Using the Wechsler Individual Achievement Test (WIAT) or Wide Range Assessment of Memory and Learning (WRMAL) etc etc an individual's achievement compared to age - or grade - peers can be determined. Comparing this information to the individual's cognitive potential measured by an IQ test it can be determined whether they are achieving academically in line with their potential. Such a protocol is used to identify specific learning difficulties including Dyslexia (specific reading difficulties) and Dyscalculia (specific mathematical difficulties).

The cost of this assessment includes administration of an age-appropriate cognitive assessment, administration of the specific achievement tests related to the referral question (e.g. reading/ maths/spelling), and a written report detailing results and recommendations. If a cognitive assessment has been conducted in the past two years and the report detailing IQ Index Standard Scores can be provided to our psychologists, an achievement test only will be conducted the cost of this assessment is reduced to \$1,100."

Cost: \$1,690

Cognitive Assessment

A cognitive assessment is sometimes also referred to as an IQ assessment, or a psycho-educational assessment. Available for children aged 2 years, 6 months, to 7 years 7 months using the Stanford Binet (SB-5) or Wechsler Preschool and Primary Scales of Intelligence (WPPSI Australian Adaptation) and for children 6 years to 16 years, 11 months using the Wechsler Intelligence Scales for Children (WISC). Also, for adults 17-90 years of age using the Wechsler Adult Intelligence Scales, (WAIS) or Stanford Binet (SB-5).

Cost: \$990

Academic Achievement Testing

An educational assessment tests an individual's academic achievement in specific areas in a standardised manner. Using the Wechsler Individual Achievement Test (WIAT) or Wide Range Assessment of Memory and Learning (WRMAL) etc an individual's achievement compared to age - or grade - peers can be determined. Comparing this information to the individual's cognitive potential measured by an IQ test it can be determined if they are achieving academically in line with their potential. Such a protocol is used to identify specific learning difficulties including Dyslexia/Dyscalculia (specific reading /mathematical/difficulties).

Cost: \$990

Adaptive Skills Assessment

An adaptive skills assessment compares a child's / person's skills in the areas of communication, social interaction, motor skills and self-care skills to the level of skill expected for their age. The purpose of the assessment is to determine whether a person is showing age-appropriate development in skills needed for everyday life. The usefulness of this option is to guide treatment and intervention choices for clinicians and assist with referrals for further support where necessary. e.g. ABAS, Baron, ASRS, WHODAS, GAF.

Cost: \$690

Behavioural Assessment

Screening for some psychological conditions, such as mood disorders, and behavioural disorders, such as Oppositional Defiant Disorder and Attention Deficit Disorder can be undertaken with a formal behaviour assessment. The assessment is then scored, the scores compared to diagnostic criteria from the DSM-5 and a formal report with assessment results and recommendations is prepared e.g. RCADS, CBRS, PAI-A

Cost: \$690

Personality/ Career / Other Assessments

A wide range of assessments are available from \$290 to assist with interpersonal skills, working relationships and career, understanding self and others, including your strengths and vulnerabilities. These are provided with a formal report with assessment results and recommendations is prepared.

Cost: \$490

IMPORTANT NOTES

Screening for Mental Health, Personality and Neurodevelopmental Disorders

Screening assessments help individuals and families decide if they should consider a more formalised assessment. They can include ADHD, Autism, Bipolar, Borderline Personality and other areas of concern or interest. Screening may also be helpful in identifying possible traits of a heritable (genetic) type neuroatypicality that may not rise to the level of disorder allowing clients to begin their own journey of lived experience self-discovery. Screening assessments can include clinical observation and interview in addition to easy to access Online, evidence based assessments. A report is then produced by qualified psychological clinicians.

Reports will usually be processed within 12-16 weeks from completion of all testing material. An urgent diagnostic summary or school advisory may be possible in a shorter period for an additional cost of \$430 per summary. A comprehensive report may be possible 7 days after completion of all testing material and assessments with an additional surcharge of \$1,600.



MENTAL HEALTH SPOT

Gold standard interventions with caring professionals.

**INTAKE PROFILE FORMS MUST BE COMPLETED
PRIOR TO YOUR INITIAL APPOINTMENT**



PERSONAL PROFILE FORM

First Name: _____ Surname: _____

Contact Email: _____

Date of Birth: ____ / ____ / ____

Address: _____

Contact Phone Number: _____ Mobile: _____

Gender: _____ (O Prefer not to answer) Pronoun: _____

Emergency contact (EC): _____ EC Mobile: _____

How did you hear about us? _____

Doctor / GP referral and a Mental Health Care Plan:

Medicare card number: _____

Reference Number: _____

Expiry date: _____

Referring doctor: _____

Date of referral: _____ Provider number: _____

If you are using a Mental Health Care Plan and are eligible for a Medicare rebate for a session, you can nominate a bank account below, and your rebate will be processed electronically, rather than claiming manually.

Account name _____

BSB _____

Account Number _____

All bookings are secured and settled with a credit card or Visa debit card. Please refer to our Fee schedule and cancellation policy for how your details are stored and used.

Cardholder name (as shown on card): _____

Credit card number: _____

Expiry Date (mm/yy): _____ CCV (back of card): _____

CREDIT CARD AUTHORITY

I, _____ authorize The Mental Health Spot/ Mental Health Spot to charge my credit card above for agreed purchases and services. I understand that my information will be saved to file for future use in accordance with terms and conditions I have been provisioned and agreed to.

Customer Signature

Date

SOCIAL HISTORY INTAKE DETAILS

Complete missing detail or circle/check correct answer

Gender

- Male Female LGBTQIA+ (specify if you wish)
 Prefer not to say

Education

Education level (select highest completed)

- Postgraduate University degree Undergraduate University degree
 Completed TAFE course of apprenticeship High School Certificate
 School Certificate Primary School

If you are currently in school, what year are you in? _____

Employment

Employment Status

- Full time employment Part time employment Casual
 Self-employed Student Retired
 Unemployed Other Prefer not to say

Family

Marital Status

- Single De facto Married
 Divorced/Separated Widowed Prefer not to say

Children (Number of Children): _____

Parents

Mother (maternal)

- Living
 Deceased

Father (paternal)

- Living
 Deceased

of Siblings: _____

Demographics

Birth Country:

Age Upon Arrival to the Country (If applicable):

Languages Spoken:

Religious Background:

Religious Comments/considerations:

Clinical

Current Physical Health Issues:

Previous Mental Health Diagnoses:

Has anyone any the family been diagnosed with anything else, or received any other mental health support?

Contd.

Head Office:

Suite 12, 303 Pacific Highway
Lindfield, NSW 2070

Contact:

ACN: 645 520 421 / ABN: 24 645 520 421
PHONE: (02) 8957 2153

Online:

mentalhealthspot@gmail.com
mentalhealthspot.com.au

Family Psychiatric History

Many mental health disorders have a strong genetic component. It is for this reason we ask for a brief family history.

Has anyone in your family been given a diagnosis of the following? If so, what is their relation to you?

Bipolar Disorder		Autism Spectrum Disorder	
Depression		Asberger's Disorder	
Anxiety		Eating Disorder	
Schizophrenia		OCD	
Post-traumatic stress		Alcohol addiction	
ADHD		Other substance addictions	

Has anyone any the family been diagnosed with anything else, or received any other mental health support?

Current Alcohol / Drug and or illicit substance Use

Drug use, both legal and illegal, can have lasting effects on mood and behaviour. It is for this reason we ask for a brief history of drug usage.

Current prescription Medications:

Have you ever been treated for alcohol or drug use or abuse? Yes No
If yes, for which substances?

How many days per week do you drink alcohol?

Have you ever felt bad or guilty about your drinking or drug use? Yes No

Do you think you may have a problem with alcohol or drug use? Yes No

Have you used any street drugs in the past 3 months? Yes No

If YES, which ones?

Have you ever misused prescription medication? Yes No

If YES, which ones and for how long?

K10 – circle the appropriate word

In the past 4 weeks, about how often did you feel

1. tired out for no good reason?	None	Little	Some	Most	All (of the time)
2. nervous?	None	Little	Some	Most	All (of the time)
3. so nervous that nothing could calm you down?	None	Little	Some	Most	All (of the time)
4. hopeless	None	Little	Some	Most	All (of the time)
5. restless or fidgety?	None	Little	Some	Most	All (of the time)
6. so restless you could not sit still?	None	Little	Some	Most	All (of the time)
7. depressed	None	Little	Some	Most	All (of the time)
8. everything was an effort?	None	Little	Some	Most	All (of the time)
9. nothing could cheer you up	None	Little	Some	Most	All (of the time)

DSM-5 SELF-REPORTING QUESTIONNAIRE ADULT 18+ YRS

Name: _____ Age: _____ Sex: Male Female Date: _____

If this questionnaire is completed by an informant, what is your relationship with the individual? _____

In a typical week, approximately how much time do you spend with the individual? _____ hours/week

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
I.	1. Little interest or pleasure in doing things?	0	1	2	3	4	
	2. Feeling down, depressed, or hopeless?	0	1	2	3	4	
II.	3. Feeling more irritated, grouchy, or angry than usual?	0	1	2	3	4	
III.	4. Sleeping less than usual, but still have a lot of energy?	0	1	2	3	4	
	5. Starting lots more projects than usual or doing more risky things than usual?	0	1	2	3	4	
IV.	6. Feeling nervous, anxious, frightened, worried, or on edge?	0	1	2	3	4	
	7. Feeling panic or being frightened?	0	1	2	3	4	
	8. Avoiding situations that make you anxious?	0	1	2	3	4	
V.	9. Unexplained aches and pains (e.g., head, back, joints, abdomen, legs)?	0	1	2	3	4	
	10. Feeling that your illnesses are not being taken seriously enough?	0	1	2	3	4	
VI.	11. Thoughts of actually hurting yourself?	0	1	2	3	4	
VII.	12. Hearing things other people couldn't hear, such as voices even when no one was around?	0	1	2	3	4	
	13. Feeling that someone could hear your thoughts, or that you could hear what another person was thinking?	0	1	2	3	4	
VIII.	14. Problems with sleep that affected your sleep quality over all?	0	1	2	3	4	
IX.	15. Problems with memory (e.g., learning new information) or with location (e.g., finding your way home)?	0	1	2	3	4	
X.	16. Unpleasant thoughts, urges, or images that repeatedly enter your mind?	0	1	2	3	4	
	17. Feeling driven to perform certain behaviors or mental acts over and over again?	0	1	2	3	4	
XI.	18. Feeling detached or distant from yourself, your body, your physical surroundings, or your memories?	0	1	2	3	4	
XII.	19. Not knowing who you really are or what you want out of life?	0	1	2	3	4	
	20. Not feeling close to other people or enjoying your relationships with them?	0	1	2	3	4	
XIII.	21. Drinking at least 4 drinks of any kind of alcohol in a single day?	0	1	2	3	4	
	22. Smoking any cigarettes, a cigar, or pipe, or using snuff or chewing tobacco?	0	1	2	3	4	
	23. Using any of the following medicines ON YOUR OWN, that is, without a doctor's prescription, in greater amounts or longer than prescribed [e.g., painkillers (like Vicodin), stimulants (like Ritalin or Adderall), sedatives or tranquilizers (like sleeping pills or Valium), or drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)]?	0	1	2	3	4	

DSM-5 SELF-REPORTING QUESTIONNAIRE YOUTH 11-17 YRS

Name: _____ Age: _____ Sex: Male Female Date: _____

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
		During the past TWO (2) WEEKS , how much (or how often) have you...					
I.	1.	0	1	2	3	4	
	2.	0	1	2	3	4	
II.	3.	0	1	2	3	4	
III.	4.	0	1	2	3	4	
IV.	5.	0	1	2	3	4	
	6.	0	1	2	3	4	
V. & VI.	7.	0	1	2	3	4	
	8.	0	1	2	3	4	
VII.	9.	0	1	2	3	4	
	10.	0	1	2	3	4	
VIII.	11.	0	1	2	3	4	
	12.	0	1	2	3	4	
	13.	0	1	2	3	4	
IX.	14.	0	1	2	3	4	
	15.	0	1	2	3	4	
X.	16.	0	1	2	3	4	
	17.	0	1	2	3	4	
	18.	0	1	2	3	4	
	19.	0	1	2	3	4	
		In the past TWO (2) WEEKS , have you...					
XI.	20.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
	21.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
	22.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
	23.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
XII.	24.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			
	25.	<input type="checkbox"/> Yes		<input type="checkbox"/> No			

Copyright © 2013 American Psychiatric Association. All Rights Reserved.
This material can be reproduced without permission by researchers and by clinicians for use with their patients.

CONFIRMATION OF UNDERSTANDING

I, _____, have read and understood the attached "Welcome and Service Information" document. I agree to the above conditions for the psychological service provided by The Mental Health Spot Pty Ltd including but not limited to cancellation policy, rates, confidentiality and privacy.

I agree to settle the fees for services I engage or request as per the following fee schedules included this information pack;

1. Psychological appointment fee schedule
2. Administrative, report and assessment services
3. Psychological and psychometric assessment

Client name: _____

Client Signature: _____

Date: _____

If client is under 18 years of age

Guardian's name: _____

Guardian's signature: _____

Date: _____

Nominee

Nominee name: _____

Nominee signature: _____

Date: _____



MENTAL HEALTH SPOT

Gold standard interventions with caring professionals.

HEAD OFFICE

Suite 12, 303 Pacific Highway
Lindfield, NSW 2070

CONTACT

02 8957 2153

ONLINE

mentalhealthspot@gmail.com
mentalhealthspot.com.au

ABN

24 645 520 421

ACN

645 520 421